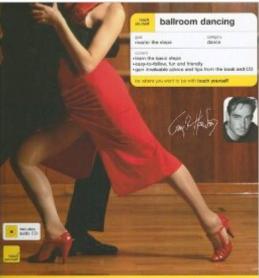
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Teach Yourself Ballroom Dancing (Teach Yourself: General Reference)



by Craig Revel Horwood, from BBC's Strictly Come Dancing



Synopsis

Be a star on any dance floor!. Whether you"; re a beginning dancer, or just looking for a fun way to get in shape, Teach Yourself Ballroom Dancing teaches all the basic moves for a number of dances, from the traditional foxtrot, waltz, and tango to the modern mambo, rhumba, and samba. This guide takes aspiring dancers step-by-step through all the moves..

Book Information

Series: Teach Yourself: General Reference Paperback: 216 pages Publisher: McGraw-Hill; 1 edition (October 31, 2005) Language: English ISBN-10: 0071461507 ISBN-13: 978-0071461504 Product Dimensions: 9 x 0.6 x 9.5 inches Shipping Weight: 1.6 pounds Average Customer Review: Be the first to review this item Best Sellers Rank: #3,590,468 in Books (See Top 100 in Books) #72 in Books > Arts & Photography > Performing Arts > Dance > Ballroom #595 in Books > Textbooks > Humanities > Performing Arts > Dance #260560 in Books > Humor & Entertainment

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